



Homeschooling and PDA

What to Consider in Homeschooling Your Child with PDA

by Zach Morris M.Ed.

- 1. Begin with connection and collaboration.** Hearing your students ideas and goals, and offering willingness to create opportunities that meet their needs and intertests is crucial for executing a sustainable structure.
- 2. Set intentions and practice flexibility.** Identify what you aim to accomplish, and remember that there is more value in communicating with each other, working together, and pursuing wellness, than there is in using fear and coercion to complete a given activity/task.
- 3. Create and implement clear boundaries.** Boundaries are unwavering, and this is what creates consistency and structure. Take time to uncover what these are for you and your student as they will ultimately support your understanding of each other and your harmony in interfacing.
- 4. Honor autonomy and self-direction.** Your student is their own being. Allow them to discover their interests, their willingness, and their abilities. Avoid micromanagement and coercion.
- 5. Lean into non-linear learning.** Whole-person learning is not a staircase of ascension. Rather, it is a sseries of winding back roads that leads to magical places given the time and space.
- 6. Find a mentor.** When a student has a strong relationship with an adult who is not mom or dad, it helps them learn more about themselves and the world.

For support designing and implementing a homeschool curriculum and structure that meets the needs of your family, set up a consult with Educational Specialist, Zach Morris, of Alive at Learn.

www.aliveatlearn.com