



Guidelines for Being a PDA Friendly Place

By PDA North America

- Recognizes PDA as a profile of autism with different characteristics and the need for different supports
- Directives are given in a gentle way
- Effort is made to create a low pressure environment
- Offers a collaborative approach
- Rules and expectations are individualized and flexible
- There is no “one size fits all” policies
- Understands and is willing to modify sensory environments
- Does not hold on tightly to hierarchical model
- Does not view attempts of self-advocacy as being disrespectful
- Understands and appreciates that different people have differing needs
- Welcomes a variety of opinions and an exchange of ideas
- Offers support and assistance based on what individuals need in the moment, not what one thinks they should need
- Understands that humans are inconsistent in behavior, energy and skills
- Doesn't use incentives to increase motivation or consequences for mistakes.